

Questions and Answers

Q—As a parent/caregiver/guardian can I decide what services I want my child to have?

A— We can provide you with information and referrals but in our service model the youth is the consumer of services and therefore they have control over what services and goals they want to work on and how fast they want to proceed.

Q—What support is available for parents and caregivers?

A—We can give you information and referrals on available services as well as start a parent/caregiver support group if there is interest.

Q- Do you have job or housing placement services?

A—We do not have a list of job or housing placements we can directly connect you with but we have relationships with other organizations that do. We can help you with each step of the process to learn the skills needed to prepare for a transition, explore what options are out there, provide advocacy if needed, help you apply for programs, and give you individual and group support as you work towards your goals.

For more information, please call either office or email the Youth Transition Specialist at Shay@FREED.org

FREED



REDEFINED

YOUTH TRANSITION PROGRAM

Services and Resources Specifically for Teens and Young Adults Ages 14-24



Visit us at:
www.FREED.org
or call **800-655-7732**

Grass Valley Office
Voice: 530-477-3333
TTY: 530-477-8194

Marysville Office
Voice: 530-742-4474
TTY: 530-742-2379

What is FREED?

FREED is a Disability Resource Center serving people of all ages in Nevada, Sierra, Yuba, Sutter, and Colusa counties. FREED is a gateway to expanded choices and options at any age to increase independence. We work with you to figure out what you need, to know your choices, and to develop an individualized plan to reach your goals.

Who is the Youth Transition Program for?

The Youth Transition Program is designed to assist youth and young adults with disabilities ages 14 to 24 set and achieve individualized goals to help them increase their independent living skills as they transition from high school to adult life.

What services are available specifically for youth and young adults?

The Youth Transition Program can utilize all of FREED's existing core service programs as well as peer support and leadership opportunities just for youth in the creation of an individualized goal plan. Here are some examples of how our core services are being tailored for transition age youth:

- Information and Referrals
- Advocacy (IEPs, workplace, medical appointments, housing, etc.)
- Transition and Independent Living Skills Training (for individuals or through local high school presentations and support groups)

- Application Help (benefits, housing, college, job applications, etc.)
- Assistive Technology
- In-Home Support (Fix-It Program and Friendly Visitor Program)
- Peer Support (regular fun youth group events, multiple times a week during the summer)
- Leadership Development Activities
- Parent/Caregiver Support



Join our Facebook group! Search: FREED C.R.A.Y.Y.z (Creative, Resourceful, Adventurous Youth and Young Adultz) Group