



Mental Health Peer Support Group

This is a drop-in group for anyone who would like support for mental health or emotional challenges, and would like to meet others to create a support network.

Where: FREED Conference room

2059 Nevada City Hwy, Grass Valley, Ca

When: 2nd and 4th Wednesdays 12:00-1:00

Please contact Maureen Gerecke at FREED if you have any questions at 530-477-3333

